

Preparing a Disaster Supplies Kit

Collect the items listed here for your disaster supplies kit. Store it in a convenient place known to all family members; keep a smaller version in the trunk of your car.

FOOD AND WATER

- Keep at least a 3-day supply of water per person (2 quarts for drinking, 2 quarts for each person in your household for food preparation/sanitation).
- Store at least a 3-day supply of nonperishable food. Select foods that require no refrigeration, preparation or cooking, and little or no water. Include a selection of ready-to-eat canned meats, fruits and vegetables.

FIRST-AID KIT

- sterile adhesive bandages in assorted sizes
- assorted sizes of safety pins
- cleansing agent/soap
- latex gloves (2 pairs)
- sunscreen
- 2-inch sterile gauze pads (4 to 6)
- 4-inch sterile gauze pads (4 to 6)
- triangular bandages (3)
- nonprescription drugs
- 2-inch sterile roller bandages
- 3-inch sterile roller bandages
- scissors
- tweezers
- needle
- moistened towelettes
- antiseptic
- thermometer
- tube of petroleum jelly or other lubricant

TOOLS, SUPPLIES AND SANITATION ITEMS

- paper cups, plates and plastic utensils
- emergency preparedness manual
- battery-operated radio and extra batteries
- flashlight and extra batteries
- cash or traveler's checks, change
- nonelectric can opener, utility knife
- fire extinguisher
- tube tent
- pliers
- tape
- compass
- matches in a waterproof container
- aluminum foil
- plastic storage containers
- signal flare
- paper, pencil
- needles, thread
- medicine dropper
- shut-off wrench, to turn off household gas and water
- whistle
- plastic sheeting
- map of the area (for locating shelters)
- toilet paper, towelettes
- soap, liquid detergent
- feminine supplies
- personal hygiene items
- plastic garbage bags, ties
- plastic bucket with tight lid
- disinfectant

IMPORTANT FAMILY DOCUMENTS

Keep these records in a waterproof, portable container:

- will, insurance policies, contracts, deeds, stocks and bonds
- passports, Social Security cards, immunization records
- bank account numbers
- credit-card account numbers and companies
- inventory of valuable household goods, important telephone numbers
- family records (birth, marriage, death certificates)

Source: Federal Emergency Management Agency