

Impairment Scales: **(Same for all dimensions assessed)**

- 0=None
- 1=Mild or Moderate Incapacitating
- 2 = Moderate or Moderately Incapacitating
- 3 = Severe or Severely Incapacitating
- N/A = Not Assessed

Dimensions to assess:	
Mood Disturbances (Depression or Mania)	Weight Change Associated with a Behavioral Diagnosis
Anxiety	Psychosis/ Hallucinations/ Delusions
Thinking/ Cognition/ Memory/ Concentration Problems	Impulsive/ Reckless/ Aggressive Behavior
Activities of Daily Living Problems	Weight Change Associated with a Behavioral Diagnosis
Medical/ Physical Conditions	Substance Abuse/ Dependence
Job/ School Performance Problems	Social Functioning/ Relationships/ Marital/ Family Problems
Legal problems	

Risk to Self and Others **(use same rating scale with additional information to determine severity of the risk)**

0 None	
1 Mild	Ideation Only, (describe)
2 Moderate	Ideation with either Plan or history of attempts (Were attempts serious? What is the degree of intent? Is there a plan now?)
3 - Severe	Ideation AND Plan, with either Intent or Means (Did individual account for their own rescue?)
N/A	Not Assessed - Assessment not completed for this risk

** Important to document details of a recent attempt/gesture including the dates, this will assist in establish the lethality of the behaviors and provides valuable information in establishing medical necessity.

Mood Disturbances (Depression or Mania)

0 Rating	Short Term- normal mood changes in response to expected triggers, no disturbance in work/school or daily activities
1 Rating	Occasional periods of sadness, depressed mood, lack of pleasure or irritability No disruption in work/school performance or normal daily activities
2 Rating	Experiencing a depressive, hypomanic, or manic episode. No current evidence of psychosis or risk to self/others. Some disruption in work/school performance or normal daily activities or activities significantly limited to maintain stability
3 Rating	Experiencing an episode of severe depression or mania. Potential risk for harm to self/others or displaying psychotic symptoms. Inability to consistently work/attend school and may need assistance with normal daily activities
NA	Assessment not completed for this impairment

Weight Change Associated with a Behavioral Diagnosis

0 Rating	Weight within 10% (over or under) of ideal body weight. No symptoms of an eating disorder or other behavioral disorder affecting weight.
1 Rating	Weight within 20% (over or under) of ideal body weight. Some symptoms of an eating disorder (preoccupation with weight, distortions in body image, restrictive eating, bingeing, compensatory behaviors) or other behavioral disorder affecting weight. Capable of self-monitoring behaviors to manage weight. No medical complications.
2 Rating	Weight within 25% (over or under) of ideal body weight. Symptoms consistent with an eating disorder or other behavioral disorder affecting weight. Requires some structure to manage weight. No medical complications, although regular medical monitoring may be recommended
3 Rating	Weight less than 75% or greater than 125% of ideal body weight. Symptoms consistent with an eating disorder or other behavioral disorder affecting weight. Requires ongoing, direct supervision of meals. Medically unstable.
NA	Assessment not completed for this impairment.

Anxiety

0 Rating	Short-term anxiety or fear only in response to expected triggers. No disturbance in work/school performance, normal daily activities, or avoidance of situations.
1 Rating	Clinical symptoms of anxiety (panic attacks, generalized anxiety, specific/social phobia, or obsessive-compulsive behaviors), occurring only occasionally or mild in intensity. Some avoidance of stressful situations or triggers, but no significant impairment in work/school performance or normal daily activities
2 Rating	Anxiety symptoms occur frequently and/or are moderate in intensity. Some disruption in work/school performance or normal daily activities or activities significantly limited to maintain stability
3 Rating	Anxiety symptoms occur nearly all the time and/or are severe in intensity. Inability to consistently work/attend school and may need assistance with normal daily activities
NA	Assessment not completed for this impairment

Medical/ Physical Conditions

0 Rating	No medical/physical conditions or disabilities
1 Rating	One or more acute or chronic medical/physical conditions or disabilities. Condition usually well controlled through medication, physical aids, or other treatments. No disruption in work/school performance or normal daily activities. Examples include mild asthma, well controlled diabetes, or use of hearing aids.
2 Rating	One or more acute or chronic medical/physical conditions or disabilities. Some difficulty in controlling condition or impaired physical functioning. Some disruption in work/school performance or normal daily activities or activities significantly limited due to the condition and/or required treatments. Examples include Parkinson's disease (early stages), curable forms of cancer, or blindness
3 Rating	Unable to work/attend school due to severe medical/physical conditions or disabilities. Requires frequent assistance with many or all activities of daily living. Examples include end stage renal failure, Alzheimer's disease, or severe paralysis due to stroke.
NA Rating	Assessment not completed for this impairment

Psychosis/ Hallucinations/ Delusions

0 Rating	No history of hallucinations, delusions, or other psychotic symptoms
1 Rating	No current symptoms, but at least one past occurrence of hallucinations, delusions, or other psychotic symptoms. Symptoms controlled due to one or more of the following: 1) consistent use of medication, with no re-occurrences in the past year or longer, 2) condition in complete remission, 3) precipitant was past substance use and beneficiary is now abstinent, or 4) precipitant was a medical condition that has been resolved. No disruption in work/school performance or normal daily activities.
2 Rating	Current or past history of hallucinations, delusions, or other psychotic symptoms. Symptoms only partially controlled or continued risk for re-occurrence based on prognosis or history of non-compliance. No current risk for harm to self/others. Some disruption in work/school performance or normal daily activities or activities significantly limited to maintain stability
3 Rating	Current hallucinations, delusions, or other psychotic symptoms. Symptoms not currently controlled and potential risk for harm to self/others. Inability to consistently work/attend school and may need assistance with normal daily activities.
	NA Risk Rating - Assessment not completed for this impairment

Substance Abuse/ Dependence

0 Rating	No alcohol or drug use; takes medications only as prescribed
1 Rating	Occasional alcohol and/or drug use. No evidence of social, occupational, physical, or legal problems related to alcohol or drug use
2 Rating	Alcohol and/or drug use consistent with episodic abuse but not dependence. Some disruption in social or occupational activities due to alcohol or drug use. History of or risk for legal and physical problems.
3 Rating	Alcohol and/or drug use consistent with dependence. Evidence of compulsive drug-taking behavior, tolerance, and/or potential for physical withdrawal symptoms. Significant disruption in social and/or occupational activities and possible legal problems.
NA	Assessment not completed for this impairment

Thinking/ Cognition/ Memory/ Concentration Problems

0 Rating	No problems with cognitive skills
1 Rating	Occasional difficulties with cognitive skills, but symptoms generally controlled by medication or behavioral interventions. No evidence of delirium, dementia, or amnesia. No disruption in work/school performance or normal daily activities
2 Rating	Difficulties with cognitive functioning not managed by medication or other interventions, or some permanent cognitive deficits. Evidence of progressive dementia (early stages), periods of delirium or amnesia, or impaired intellectual functioning. Some disruption in work/school performance or normal daily activities or activities significantly limited to maintain stability
3 Rating	Significant deficits in cognitive and/or intellectual functioning. Deficits may be permanent (Alzheimer's) or temporary (recovery from brain trauma). Inability to consistently work/attend school and requires assistance with normal daily activities.
NA	Assessment not completed for this impairment

Job/ School Performance Problems If beneficiary is not currently working/attending school, please rate the capability of performing tasks in an employment or academic setting that is consistent with past history

0 Rating	Able to consistently attend work/school and perform regular duties.
1 Rating	Occasional difficulty in attending work/school and/or performing regular duties due to emotional, behavioral, or recurrent physical problem(s). Generally able to manage or overcome these occasional difficulties; no risk for disciplinary action or demotion
2 Rating	Frequent difficulty in attending work/school and/or performing regular duties due to emotional, behavioral, or recurrent physical problem(s). May require special accommodations to perform tasks (such as limiting workload or getting assistance) or at risk for disciplinary action or demotion. May have chosen a less demanding job or curriculum due to these difficulties, despite successful past performance at a higher level
3 Rating	Unable to attend work/school due to emotional, behavioral, or recurrent physical problem(s)
NA	Assessment not completed for this impairment

Impulsive/ Reckless/ Aggressive Behavior

0 Rating	No history of impulsive, reckless, or aggressive behaviors; adequate capacity for self-control
1 Rating	Occasional impulsive, reckless, or aggressive behaviors; self-control most of the time. No history of serious potential risk of harm to self/others. No significant social, occupational, or legal consequences.
2 Rating	Often displays impulsive, reckless, or aggressive behaviors; limitations in capacity for self-control. Actions may result in moderate potential risk of intentional or unintentional harm to self/others. Some social, occupational, and/or legal consequences.
3 Rating	Frequently displays impulsive, reckless, or aggressive behaviors; significant impairment in capacity for self-control. Actions may result in serious potential risk of intentional or unintentional harm to self/others. Significant social, occupational, and/or legal consequences.
NA	Assessment not completed for this impairment

Social Functioning/ Relationships/ Marital/ Family Problems

0 Rating	No significant problems/ conflicts with family members/ friends; no major changes in important relationships. Adequate social support system
1 Rating	Problems/ conflicts with one or more family members/friends or significant changes in important relationship(s) due to a change in circumstances (illness, death, relocation). Able to compensate for these difficulties; adequate social support system.
2 Rating	Problems/conflicts with one or more family members/friends; significant changes in important relationship(s) due to a change in life circumstances (illness, death, relocation); or deficits in social skills that interfere with maintaining relationships. One intact relationship, but inadequate social support system.
3 Rating	No friends, family members, or other relationships that provide social support.
NA	Assessment not completed for this impairment

Activities of Daily Living Problems Examples of Activities of Daily Living - Beneficiary is able to perform tasks without assistance: Eating - Personal hygiene (bathing, grooming, dressing, etc.)-Communication (use telephone, reading, writing, etc.)-Walk short distances (or use a physical aid that does not require another person, such as a cane or wheelchair) -Take medication -Routine household chores (basic cooking, cleaning, shopping for groceries, etc.-Transportation (able to drive by oneself or use public -transportation) - Manage money

0 Risk	NA Risk Rating - Able to consistently perform routine activities of daily living
1 Rating	Occasional difficulty in performing routine activities of daily living due to emotional, behavioral, or physical problem(s). (Scheduling issues are not considered "problems" for this rating.) Generally able to manage or overcome these occasional difficulties without assistance from others.
2 Rating	Frequent difficulty in performing routine activities of daily living due to emotional, behavioral, or physical problem(s). Requires assistance with some tasks periodically or continuously
3 Rating	Unable to perform many routine activities of daily living due to emotional, behavioral, or physical problem(s). Requires continuous assistance with many or all tasks.
NA	Assessment not completed for this impairment

Legal

0 Rating	No current legal problems
1 Rating	Current legal problems, but no significant distress or interference with work/school performance or other normal activities
2 Rating	Current legal problems causing moderate distress and/or disruption of work/school performance or normal activities. No risk for serious consequences, such as incarceration or financial crisis
3 Rating	Current legal problems causing severe distress, disruption, and/or restriction of work/school duties and other activities. At risk for serious consequences, such as incarceration or financial crisis
NA	Assessment not completed for this impairment